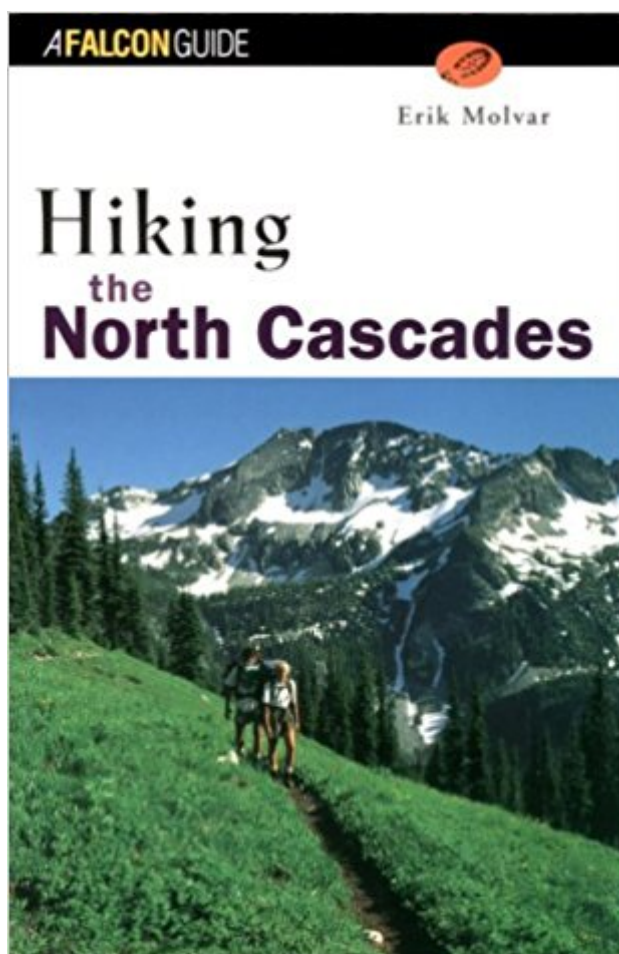


The book was found

Hiking The North Cascades (Regional Hiking Series)



Synopsis

Mile-by-mile descriptions, maps, and elevation profiles for more than 100 hikes eliminate the guesswork, but not the challenge, of hiking in this mountain paradise.

Book Information

Series: Regional Hiking Series

Paperback: 400 pages

Publisher: FalconGuides; 1st edition (April 1, 1998)

Language: English

ISBN-10: 1560445963

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Product Dimensions: 9 x 6 x 0.8 inches

Shipping Weight: 1.1 pounds

Average Customer Review: 4.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #3,266,612 in Books (See Top 100 in Books) #35 in [Books > Travel > United States > Washington > North Cascades](#) #140 in [Books > Travel > United States > Washington > General](#) #3934 in [Books > Health, Fitness & Dieting > Exercise & Fitness > Running & Jogging](#)

Customer Reviews

Mile-by-mile descriptions, maps, and elevation profiles for more than 100 hikes eliminate the guesswork, but not the challenge, of hiking in this mountain paradise. This comprehensive guidebook is organized to help you plan your trips, from short day hikes to long backpack expeditions, and includes an index to all the topographic maps you will need, as well as tips on no-trace camping and wilderness safety techniques. Hiking North Cascades is your passport to one of the most beautiful mountain areas in North America.

I like the book. He gives very descriptive overviews of trails, to include: elevation, elevation gain, length, campsites, difficulty, and general things you will find along the trail. The only problem I have with the book is it was written in 1995 (or so). I have no idea if the descriptions of the trails will be anywhere close to accurate 16 years later.

The North Cascades can be confusing when it comes to visiting due to how remote it is and frankly how overlooked the North Cascades National Park is. Considering that there are a number of

access points spread over a vast distance from Mt. Baker Hwy, Hwy 20, long forest service roads and Canada one can be stumped just where to go on a trip. Take a look at Erik's book to get an idea of what you might like to see (sub alpine? Deep forest? No people?) and then get out there!

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